

# SALT

## ST MATTHEW'S ANGLICAN CHURCH, CHELTENHAM

### PARISH NEWSLETTER: MARCH – APRIL 2020

#### A WORD FROM OUR LOCUM...

##### The Real epidemic.

At the moment the world is 'wobbling' under the weight of the Coronavirus on humanity's health and well-being. The fear aroused in people has resulted in panic-buying. Here in Australia with a few cases reported we are already seeing the mood of Australians dropping significantly. Can you imagine what it must be like in those regions that are hardest hit, South Korea, Iran, Northern Italy, Japan, at the moment. Once it gains a footing it seems to spread steadily. Process is the primary defence method. Wise caution and cleanliness practices at least put a response back in our 'hands'. At least it gives each of us something to do to have a little control in our lives in the face of something bigger than any society. We cross our fingers as we await the discovery of a vaccine.

A deeper concerning impact is the way it plays on our minds. Fear is aroused in the human mind so easily and it spreads so comprehensively throughout our psyche and horribly colours our heart. Sadly, some instantaneously panic and they have to deal with this emotional reaction regularly. It's a heavy burden for such on far too many occasions. The communal panic is another issue. It reminds us that the mind is far more complex than we recognise on first observation. Along with Sigmund Freud, Carl Jung was a psychoanalyst who enlightened humanity to the deeper realms of the unconscious as early as the 19th century. This realm spoke of the way our mind connects with one another. A simple example is the way we sometimes have a thought only to immediately find someone with us was thinking on the same issue. Marriage partners are well known for such experiences. But this is just the beginning. Research examples have many stories about the way the human mind works collectively. The My Lai Massacre in the Vietnam war is a powerful but infamous example. American soldiers committed one of the worst massacres of unarmed innocent villagers. A later review highlighted how easily people are drawn into atrocities

Continues on page 2

#### WORSHIP

##### ST MATTHEW'S ANGLICAN CHURCH

Corner Nepean Highway & Park Road,  
Cheltenham, VIC, 3192



##### Sundays

8am Holy Communion  
1st Sunday of the month BCP service  
10am Sung Eucharist

##### Wednesdays

10am Eucharist (not in January)

##### FRIENDS OF ST FRANCIS

Community of the Holy Name (CHN)  
40 Cavanagh Street, Cheltenham, VIC, 3192

##### Sundays

9.30am in the Prayer Room at the Community

#### CLERGY & STAFF

Fr Geoff Cheong – Locum Tenens  
Fr Andre Hassing – Priest Associate  
Claire Johnston – Parish Secretary

#### WARDENS & PARISH COUNCIL

Andrew Napier – Vicar's Warden  
Sue Polites – People's Warden  
Claire Johnston – Treasurer (acting)  
Andrew Napier – Parish Council Secretary  
Harold Daly, Marlene Gale, Deborah Howard,  
Deb Polites and Shaun Schoorman

#### CONTACT DETAILS

##### Parish Office

161 Park Road, Cheltenham, VIC, 3192  
Hours: Wednesday to Friday: 9am to 4pm  
Phone: (03) 9583 2205  
Email: [stmatthewsanglicanchurch@bigpond.com](mailto:stmatthewsanglicanchurch@bigpond.com)  
Website: [www.stmatthewscheltenham.org.au](http://www.stmatthewscheltenham.org.au)

#### CHELTENHAM OPPORTUNITY SHOP

33-35 Station Road, Cheltenham, VIC, 3192  
Hours: Monday to Friday 9.30am to 4pm and  
Saturday: 9.30am to 12pm  
Phone: (03) 9583 2993

## A WORD FROM OUR LOCUM...

Continued from page 1

because of group mentality impacting upon normal people to act immorally way beyond anything they would usually adhere to when left to self-management. A more common example in our contemporary time's is simple advertising during elections. People are easily influenced by the simplicity of statements whether right or wrong. The way such information is spread like wildfire across the thinking of society is understood by facebook users who are accustomed to statements irrespective of truthfulness as going 'viral'. The mind is subject to communal influence that can cause extraordinary panic. We are seeing this in the present shadow of the coronavirus.

But this is not the full story. Can positive thought sway the mentality of a community to shape our collective mood? Some will remember popular author, Norman Vincent Peale and his book on positive thought. It is common for people to think prayer is merely throwing a life buoy out in an emergency. But there is much more to it than that. It points to the willingness of people to align their own minds to the heart of being. In its' broadest sense the mind of God is the well spring of life and love. The calling of prayerfulness is to find our way of aligning our mind with the this well spring. There is a lovely saying, 'Fear knocked at the door, faith answered and no one was there.' In Romans Paul beckoned his listeners to be transformed by the renewal of one's mind. The prayerful mind is the one that seeks to align oneself to the essential essence of life. The growing interest in the path of meditation is a vital dynamic that is urging the minds of humans to explore this far greater capacity of the mind than we have taken notice of in the past. Yes some have made of life of it, but the church has been slow to spread such teaching broadly across its membership.

It would have been better if more across society had found the path to this wellspring of life at an earlier age. It is not magic, it is important that it becomes a daily routine that in time enriches all that we do. But the popular old saying, better late than never is so true in this instance. Panic is of little value. We cannot control all things, but we can control what is in our hands. The world needs people standing on solid ground. Fear and panic are debilitating. In prayer we have a way to lift the spirit of people across communities.

Fr Geoff Cheong  
Locum



## REMEMBER OUR OP SHOP!



You can support our Op Shop in a number of ways.

- By doing an 'Autumn' clean, decluttering your wardrobe and taking unwanted items – ask your friends and family to do the same! **Remember**, only items that you yourself would wear and use should be donated (items should be **good** quality - **not stained, chipped or cracked**). The shop is unable to accept the following items: electrical goods, furniture, mattresses, cots, prams or strollers due to government regulations.
- By visiting our shop and helping us to raise money by buying our items.
- By volunteering at our shop.

For more information please contact the Op Shop  
see page 1 for details.

We hope you can visit!

## OUR NEW VICAR, THE REVEREND COLLEEN CLAYTON

It is with great joy and pleasure we look forward to the arrival of our new vicar, the Reverend Colleen Clayton. After a year's interregnum since the retirement of our previous vicar, the Reverend Ron White we look forward to Colleen's commissioning on Tuesday 28 April at 7.30pm. This special service will mark the continuation of Anglican worship and service to the community of Cheltenham for over 150 years.

We are planning for a large gathering of St Matthews family and members from the Cheltenham community to celebrate her arrival on this night. Colleen will faithfully continue this mission with her own vision for the new era. Her past experiences of involvement in the church on the Mornington Peninsula involving her family life with husband Stephen, and children Matthew and Hannah has well informed her of the challenges and opportunities that face the contemporary church and young families of our day. Her former profession as an Occupational Therapist speaks clearly of her interest in and care for people. This eventually led to her work as school chaplains in both primary and secondary public schools and in time to her Theological training at Trinity College, Melbourne University. Her parish leadership experience has been well developed through ministries at St Peter's Eastern Hill and St John's Camberwell. On hearing of the Archbishops appointment of Colleen to St Matthews we were excited and so now look forward to her arrival and sharing life and ministry with her and her family through the years ahead. Please pray for Colleen and her family.



## COMMISSIONING SERVICE



The Commissioning Service for the Reverend Colleen Clayton  
as Priest in Charge of the Parish of St Matthew's Cheltenham.

Tuesday 28 April at 7.30pm.

Bishop Paul Barker will preside.

Refreshments will follow the service in the Hall.

Parishioners are invited to bring a plate of food to share.

Everyone is encouraged to join the Parish in welcoming Colleen and her family  
and pray that they will enjoy a long and fruitful ministry among us.

## ORGANIST

We welcome back Keith Fullard, who filled in as  
Organist in early February.

Keith will be with us for a number of weeks  
and we look forward to him bringing his  
musical talents and playing the organ at  
our 10am service on Sundays.

## PALM CROSSES

We will once again be making palm crosses  
for Palm Sunday. We will continue this  
tradition on Friday 3 April at 2pm in the  
Parish Office. We will provide the palms  
and instructions and if you have never made one before  
help will be at hand so please join us!



## HOLY WEEK & EASTER SERVICES AT ST MATTHEW'S



### † 5 April – Palm Sunday †

8am & 10am: Blessing of Palms & Procession



### † Weekday Service †

Wed 8 April: 10am Eucharist

### † 9 April – Maundy Thursday †

7pm: Eucharist of the Last Supper

### † 10 April – Good Friday †

10am: Walk of Witness  
starting from Church of the Open Door

12pm: Service of Devotion

1pm to 6pm: Church open for private devotions through afternoon  
'The Faces of Christ'



### † 12 April – Easter Day †

8am: Lighting of the New Fire & Eucharist

10am: Easter Sung Eucharist

## HOLY WEEK & EASTER

Holy Week is the last week of Lent before Easter, beginning on Palm Sunday and ending on Holy Saturday.

**Palm Sunday:** Is the first day of Holy Week and is the sixth Sunday in Lent. We commemorate Jesus' triumphal entry into Jerusalem where his followers shouted "Hosanna" and scattered palms in his path.

**Maundy Thursday:** Derived from Jesus "mandate" to love one another as he loves us. This day celebrates Jesus' institution of the sacrament of Holy Eucharist and recalls Jesus' last meal (the Last Supper) and his arrest and imprisonment.

**Good Friday:** A Fast day of the Church commemorating Jesus' crucifixion and death.

**Holy Saturday:** This is the final day of Holy Week. Chiefly a day of solemn vigil (watch) and is the final night before the Feast of the Resurrection, which begins at the Great Easter Vigil – the Lighting of the New Fire.

See our Holy Week and Easter services above.

Holy Week – Easter: Christ is Risen!  
Churchyear.Net

The changing colours of the sanctuary from the purple of Lent, the red or black of Good Friday to the white or gold of Easter Day, provide graphic visual symbols for the Lenten journey.

The Sanctuary colours for Easter Day and Ascension Day are white and gold, the colours of sacred days throughout the church year. For the Easter season, white represents the hope of the resurrection, as well as the purity and newness that comes from victory over sin and death. The gold represents the light of the world brought by the risen Christ that enlightens the world, as well as the exaltation of Jesus as Lord and King.

The sanctuary colour for the other five Sundays of Easter is usually also white and gold, although some churches use Red, the colour of the Church, for these Sundays as well as for Pentecost Sunday.

The Voice, CRI/Voice Institute



*The Canterbury Singers*

Will join the 10am Worship congregation  
at St Matthew's Anglican Church, Cheltenham  
Corner Nepean Highway & Park Road

**SUNDAY 15TH MARCH**

Followed by a pleasant morning tea in the Church Hall

The Canterbury Singers is a church choir that joins different churches across the greater city of Melbourne once a month. We are delighted they will join and lead our music on this occasion.

Please feel welcome to join us

For further information please contact our Locum Vicar  
The Rev'd Dr Geoff Cheong 0408 583 205

**WISDOM**

Wisdom is the voice of God through the power of the Holy Spirit.

At birth we have no concept of right or wrong. It is only through the will of God we experience life and daily challenges.

Firstly, by parents and family life, we learn the all embracing love and care needed for growth. With that love comes experience – a sense of belonging.

By experience, we learn to crawl and walk. That brings achievement and a will to make even greater progress. As a child, we are never still or quiet enough to wonder how we grow with God's love for us. He takes us by the hand and guides us in the way and direction of 'His' plan.

Life carries us through good times and struggle times but as we travel with God, we learn the wisdom of just belonging. Amen.

Val Fielder

S C B M N E J E S U S C H R I S T  
 K A A P O D V G V A R E J O I C E  
 J R V M S P R A Y E R W C B V F S  
 Y N O I X I F I C U R C T R M L E  
 L A P C O I E B Q O X B B N O O L  
 I R E S U R R E C T I O N R E S T  
 T R E P P U S T S A L Y E M B L S  
 S H L U P V Y T K V F D M T E K O  
 O C A R N E P A X R E S I H M R P  
 C R M E P E N L D M A N A O I E A  
 E U B I K G A A P I J R R R R V V  
 T H X C H Y N T N H R S M N A O X  
 N C N C A M I E O C T F Y S C S J  
 E K E R K O S E W N E I D A L S U  
 P U T O N I R N W R P Y A O E A D  
 L E Z W R W M D R Q I T Y F O P A  
 B S M N D I S C I P L E S C X G S

Copyright © 2014 puzzles-to-print.com. All rights reserved.

## *Easter Story*

### *Word Search*

APOSTLES	MARY
BETRAYAL	MIRACLE
CAVE	PASSOVER
CHURCH	PENANCE
CROSS	PENTECOST
CROWN	PRAYER
CRUCIFIXION	REDEMPTION
DISCIPLES	REJOICE
FAITH	RESURRECTION
GOOD FRIDAY	RISEN
JESUS CHRIST	SAVIOR
JUDAS	SON
LAMB	THORNS
LAST SUPPER	TOMB
LENT	



## MOTHERING SUNDAY

Please join us as we give thanks for our mothers. As is our custom we will bless and distribute Simnel Cake at both services on Mothering Sunday, 22 March.

This is of course an opportunity to bring your mother to church or indeed someone in your community who is a mother.



If anyone can provide a Simnel Cake please see Fr Geoff or contact the Parish Office.

## ARTICLES FOR SALT

Do you have a story for Salt that you would like to share regarding a recent or future parish event? Would you like to share how you came to be a parishioner here?



Do you have any photos of past or recent events that you would like to share?

If you would like to contribute please either send it by email or neatly write and hand it into the Parish Office. Thank you.

## CALENDAR OF EVENTS

### MARCH

- 1 Sunday Services – First Sunday in Lent  
8am BCP & 10am Sung Eucharist
- 4 Weekday Service  
10am Eucharist
- 7 9am Working Bee
- 8 Sunday Services – Second Sunday in Lent  
8am Holy Communion & 10am Sung Eucharist
- 11 Weekday Service  
10am Eucharist
- 15 Sunday Services – Third Sunday in Lent  
8am Holy Communion & 10am Sung Eucharist  
The Canterbury Singers will join the 10am service
- 18 Weekday Service  
10am Eucharist
- 22 Sunday Services – **Mothering Sunday**  
8am Holy Communion & 10am Sung Eucharist
- 25 Weekday Service – The Annunciation  
10am Eucharist
- 29 Sunday Services – **Passion Sunday**  
8am Holy Communion & 10am Sung Eucharist



Morning tea follows the 10am service on Sundays

### APRIL

- 1 Weekday Service  
10am Eucharist
- 3 2pm Making of Palm Crosses
- 5 Sunday Services – **Palm Sunday**  
Procession & Blessing of Palms  
8am BCP & 10am Sung Eucharist
- 8 Holy Week Service – Wednesday  
10am Eucharist
- 9 Holy Week Service – **Maundy Thursday**  
7pm Eucharist of the Last Supper
- 10 Holy Week Service – **Good Friday**  
10am Walk of Witness, Church of the Open Door  
12pm Service of Devotion  
1pm to 6pm Church open for private devotions  
'The Faces of Christ'
- 12 Sunday Services – **Easter Day**  
8am Lighting of the New Fire & Eucharist  
10am Easter Sung Eucharist
- 15 Easter Week Service – Wednesday  
10am Eucharist
- 19 Sunday Services – Second Sunday of Easter  
8am Holy Communion & 10am Sung Eucharist
- 22 Weekday Service  
10am Eucharist
- 26 Sunday Services – Third Sunday of Easter  
8am Holy Communion & 10am Sung Eucharist
- 28 Commissioning Service – The Rev'd Colleen Clayton  
7.30pm Service followed by refreshments
- 29 Weekday Service  
10am Eucharist

